



The Long Road

Newsletter for members of Randonneurs Ontario

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Volume 24 Issue 4

July/August 2007

Inside this issue:

The President's Message: AGM is soon upon us. Good luck to those going to France for PBP

There are some big events coming up. The Randonneurs AGM is being held on Saturday Sept. 15th at 1PM, at the party room at 1101 Steeles Avenue West, Toronto. This is an important meeting for all members, as it is when the new executive will be elected, and the schedules for next year voted on. It is your chance, as a member of our club, to express your views on how well the club is catering to your needs.

As our club is only one of the hundreds of clubs affiliated with ACP (Audax Club Parisien) and RM (Randonneurs Mondiaux), they need all the clubs schedules early, so they have time to process all the schedules. And in accordance with the Randonneurs Ontario By-Laws, the schedules need to be approved by the membership before being submitted (except in special cases). This is the reason for a mid September AGM. But the AGM can only proceed if there is a quorum of members, either in person, or by Proxy. (A quorum for the transaction of business at any meeting of members shall consist of not less twenty percent (20%) of members in good standing in person or represented by proxy but must include two of the following three Officers: the President, the Vice-President - Administration, or the Secretary.) So I ask you to please ensure that you make yourself available for this meeting, either in person, or to get your proxy (included in this newsletter) to one of your fellow members who will be attending. If there is no quorum, there can be no meeting, so again: please ensure you are either there or represented by a Proxy.

The schedules for all the chapters will be a big part of this meeting, so if you have any suggestions on for the schedule, whether it be start times, dates or locations, or any other items regarding the schedule, please contact your chapters VP. Any and all suggestions will be considered, and if possible, incorporated into the schedule for next year.

The other big Agenda item for the meeting will be the election of the executive for next year. You will have received all the information on that by now, and hopefully will have nominated some of your fellow members to run for Board Positions.

Also, as was decided a few years ago, the Randonneurs Ontario Brochure would change from being redesigned every year, to being a quadrennial brochure, which would be redesigned for initial release in post PBP years. That means we need a new one designed, and ready to go, for early next year. So if you are not interested in running for the executive, you can still be involved in the club in other ways.

Another position available would be one of "Club Promotion". Any takers?

Our current membership is just shy of 100 persons, and from that list, there are about 35 who are riding PBP this year. Over 1/3 of the club! Amazing. To those who are not going to France, please wish those going all the best. And to those of you who are going... Bon Route, Bon Courage!

Thanks for reading
Michael



Trevor Stocki, preparing the Bike Friday

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A Brief Ride Report

This particular ride seems to make it onto the schedule each year. It heads to Barrie on some quiet roads and then on up to Carthew Bay along Lake Simcoe's Kempenfeldt Bay. Eight riders started out on this ride on Sunday morning and everyone finished. We were fortunate in that we had a gentle tail wind pushing us to Barrie and beyond and just a bit of headwind after turning south. The forecasted rain also held off until early evening.

Warren Hawke did the ride on his own and this is not always an easy thing to do. Tanya Quinn and Mike Maloney stayed together. The bigger group of five consisted of Ken Jobba, myself, Ken Bryden and Juan Munoz, both from Hamilton, and Michael Bernhard from Kitchener. Those last three riders are to be congratulated for finishing their first 200 with the club. They are strong cyclists and great riding companions.

This was Warren's second 200 and I believe it was Tanya's second 200 as well.

The group I was with had a good paceline going for periods of time up and back. It's always fun to ride in a paceline and practice these skills. South of Barrie, I begged to drop off the back as I was flagging. The group pretended not to hear my request although they did slow a bit which helped a lot. Ken (The Captain) Jobba did a good job of keeping us together and ensuring we would finish together.

It is great to see new people coming out for the rides. Bon Courage!

Paul Regan

Results from RAAM: 2007

The Race Across America, known as the "world's toughest bicycle race", will set over 215 competitors on a 3,043-mile route stretching from Oceanside, California to Atlantic City, New Jersey. Athletes race continuously day and night, on their own power or sharing the challenge with a team, and a crew of 8-15 people following in support cars with food and supplies for the race. These courageous adventurers brave heat, wind, thunderstorms, altitude, the dark of night, fatigue, and sleep deprivation, cross two major mountain ranges, and raise hundreds of thousands of dollars for charity. The race is under new ownership in 2007. The new management team is comprised of long-time veterans of past RAAMs who have demonstrated a heartfelt commitment to the race via their years of racing, crewing, officiating, and volunteer leadership. For more information and race updates, see <http://www.raceacrossamerica.org>.

The RAAM experience--solo or team--is about much more than physical strength and the race to the finish line. It is about commitment, teamwork, and lifelong bonds formed between crews and riders. "When it's over, it's not the glory of winning, it's the moments with the crew," said RAAM veteran Tim Woudenberg of Team Velokraft. "It's better than any Christmas you've ever had."

RAAM fans watched all of the race action unfold online, with real-time, 24/7 coverage of the coast-to-coast competition told in photos, daily videos and race updates. Other records this year included:

Solo 60+ Men: David Jones with a speed of 10.52 mph (previous record was 10.31 mph)

2-Man Recumbent: Team Bacchetta with a speed of 18.07 (previous record was 16.56 mph)

2-Women 50+ Team: Team Phoenix with a speed of 14.42 (previous record was 12.81 mph)

4-Man 60+ Team: Team Hoosiers with a speed of 17.87 mph (previous record was 17.71 mph)

8-Man Team: Team Type I with a speed of 22.42 mph (previous record was 22.36 mph)

8-Man 60+ Team: Santa Barbara Bank & Trust with a speed of 17.32 mph (previous record was 17.23 mph)

8-Women Team: Heels on Wheels with a speed of 16.57 mph (no previous record!)



Ride Results

June 30, 2007 Bits and Pieces 200

Owen Beck - 11:04
 Kaz Bieniak - 11:04
 Kathy Brouse - 11:04

July 8, 2007 Tour of the Valleys 200

Brian Armstrong - DNF
 Owen Beck - 11:00
 Kaz Bieniak - 10:37
 Kathy Brouse - 11:00
 Fred Krawiecki - 10:37
 Paul Regan - 10:37
 Erez Tamari - 10:37

July 14, 2007 Pretty River Valley 300

Brian Armstrong - DNS
 Ken Jobba - 13:20
 Mike Maloney - DNF
 Linda Perkin - DNF
 Tanya Quinn - DNF

July 19, 2007 Lake Ontario Loop 1000

Michael Bernhard - 54:46
 Kaz Bieniak - DNF
 Henk Bouhuysen - 57:14
 David Buzzee - DNF
 Louis Dionne - DNF
 Ken Dobb - 74:45
 Peter Dusel - 74:45
 Fred Krawiecki - DNF
 Andrew Ross - DNF
 Erez Tamari - DNF

July 22, 2007 Hockley Hills 200

Brian Armstrong - 09:08
 Owen Beck - 11:00
 Kaz Bieniak - 11:00
 Kathy Brouse - 11:00
 Tristan Goguen - DNF
 Paul Regan - 11:00

July 28, 2007 Concord Collingwood 400

Renato Alesandrini - 23:30
 Brian Brideau - 23:30

July 07, 2007 Coureur de Bois 1000

Christian Belair - 62:55
 Henk Bouhuysen - 57:06
 Carey Chappelle - 62:55
 Dick Felton - 62:55
 Robert Kassel - 59:05
 Jean Longtin - 59:05
 John Maccio - 62:55
 Bill Pye - DNF
 Michael Thomson - 57:06

July 14, 2007 Foymount 400

Patrick Chen - 24:50
 Peter Grant - 17:46
 Michael Lau - 17:46
 David McCaw - 17:46
 Sue Pond - DNF

July 28, 2007 Kingston 600

Pat Chen - 38:15
 Ed Fergusson - 38:15
 Vytas Janusauskas - 38:15
 Sue Pond - 38:15

August 1, 2007 Original 200

Bill Pye - 8:09

June 10, 2007 March to the Nuke 600

Renato Alessandrini - 31:47
 Christian Belair - 33:20
 Kaz Bieniak - 36:05
 Henk Bouhuysen - 36:05
 Louis Dionne - DNF
 Bruce Hogg - 37:41
 Ken Jobba - 31:47
 Mike Maloney - 36:43
 Lori Matthews - 37:41
 Paul Regan - 37:55
 Glen Steen - 31:47
 Erez Tamari - 37:41
 Thien Tran - 36:05

July 7, 2007 Simcoe 200

Erez Tamari - 10:07

July 21, 2007 Simcoe 300

Michael Thomson - 6:27
 Shinya Yamada - 6:31

Randonneurs Ontario

Long Distance Cycling Association
www.randonneursonario.ca

President	Michael Thomson	president@randonneursonario.ca	416-423-4570
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Vice President Ottawa	Patricia Von Niessen	vp-ottawa@randonneursonario.ca	
Vice President,	Isabelle Sheardown	vp-simcoe@randonneursonario.ca	705-434-1637
Vice President, Huron	Carey Chappelle	vp-huron@randonneursonario.ca	
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Director-At-Large	Bill Pye	director2@randonneursonario.ca	
Director, Communications	Jim Morris	editor@randonneursonario.ca	613-829-6621

Ride Results.. continued

June 2, 2007 March to the Marsh 600

Carey Chappelle - 37:24
Dick Felton - 37:24
Rolf Hauckwitz - 37:24
Nathan Klages - 37:24
John Maccio - 37:24
Con Melady - DNS
Michael Thomson - 37:24
Eleonore Turner - 37:30
Rudy Ziegler - 37:24

July 13, 2007 Creemore Classic 400

Carey Chappelle - 21:36
Dick Felton - 21:36
Rolf Hauckwitz - 21:36
Peter Hoeltzenbein - 21:36
Con Melady - 21:36
Rudy Ziegler - 21:36

July 28, 2007 Big Bay 200

Owen Beck - DNF
Bryan Black - 12:20
Kathy Brouse - DNF
Peter Dusel - 10:33
Peter Hoeltzenbein - 7:40



Guy Quesnel wearing the new club jersey, preparing for the Shawville 200.



Future Ride Schedule

Sunday August 19, 2007

Distance: 160K
 Start Time: 10:00 AM
 Start Point: Kleinburg
 Route: Kleinburg-Belfountain Century (Populaire)
 Organizer: TBD
 Sunday September 2, 2007

Distance: 200K
 Start Time: 8:00 AM
 Start Point: Toronto
 Route: Mean Streets (Brevet)
 Organizer: Tanya Quinn or 416-406-2849
 Saturday September 8, 2007

Distance: 200K
 Start Time: 8:00 AM
 Start Point: Picton
 Route: Empire Loyalist (Brevet)
 Organizer: TBD
 Sunday September 16, 2007

Distance: 200K
 Start Time: 8:00 AM
 Start Point: Erin Mills
 Route: Grand River (Brevet)
 Organizer: TBD
 Sunday September 30, 2007

Distance: 100K
 Start Time: 10:00 AM
 Start Point: Maple
 Route: Champagne Scramble (Populaire)
 Organizer: TBD

Saturday August 18, 2007

Distance: 400K
 Start Time: 5:00am
 Start Point: Carleton University
 Route: Westport 400 (Brevet)
 Organizer: Jim Morris

Saturday September 1, 2007

Distance: 600K
 Start Time: 5:00am
 Start Point: Hornet's Nest Soccer Pitch
 Route: Placid 600 (Brevet)
 Organizer: Vytas Janusauskas

Saturday August 4, 2007

Distance: 600K
 Start Time: 6:00am
 Start Point: Alliston
 Route: March to the Nuke
 Organizer: Isabelle Sheardown or 705-434-1637
 Saturday August 11, 2007

Distance: 400K
 Start Time: 6:00am
 Start Point: Alliston
 Route: Old 400 Revisited
 Organizer: Isabelle Sheardown or 705-434-1637 -->
 Saturday September 29, 2007

Distance: 200K
 Start Time: 8:00am
 Start Point: Barrie
 Route: Big Chute
 Organizer: Isabelle Sheardown or 705-434-1637

A few PBP references

[The list of those attending PBP from Ontario:](http://www.randonneursontario.ca/PBP_2007_Riders.pdf)
http://www.randonneursontario.ca/PBP_2007_Riders.pdf

[The official PBP site:](http://www.randonneursontario.ca/PBP_2007_Riders.pdf)
http://www.randonneursontario.ca/PBP_2007_Riders.pdf

[Track other riders \(enter frame number\):](http://www.paris-brest-paris.org/EN/index.php?showpage=64)
<http://www.paris-brest-paris.org/EN/index.php?showpage=64>

[The official WebTV site:](http://www.paris-brest-paris.org/EN/index.php?showpage=66)
<http://www.paris-brest-paris.org/EN/index.php?showpage=66>

[Video Clips from YouTube:](http://www.youtube.com/watch?v=l80pLwKFL8o)
<http://www.youtube.com/watch?v=l80pLwKFL8o>
<http://www.youtube.com/watch?v=aom0CkOPskY>
http://www.youtube.com/watch?v=4N4_YjLUgCU
<http://www.youtube.com/watch?v=pmcui9ynsus>



RANDONNEURS ONTARIO

The 2007 Randonneurs Ontario Annual General Meeting will be held on
Saturday September 15th, 1PM

At the party room at 1101 Steeles Avenue West in Toronto.

As per club By-Laws the term of Office of the current members of the Board of Directors will terminate with the AGM. All positions to the Board of Directors for 2008 have to be nominated and approved at the AGM.

The Board of Directors consists of:

President

Treasurer

Secretary

Vice President, Administration

Vice President, Huron Chapter

Vice President, Simcoe Chapter

Vice President, Ottawa Chapter

Vice President, Toronto Chapter

At least 2 Members at Large

All members running for these positions, whether for the first time or for Re-election, must be nominated by a fellow member, witnessed by a second fellow member, and the nomination accepted by the member running for the board position. The nominations can be submitted either electronically or by hard copy.

Electronic submissions require that the nominator sends an email to the Secretary, copying the nominee, and a witness to second the nomination. The Nominee must then forward the email to the Secretary, expressing his acceptance of the nomination. The witness must also forward the nominator's email to the Secretary, stating his seconding of the nomination.

For hard copy nominations go to the following url and download a copy <http://www.randonneursontario.ca/nomination.pdf>. The nomination form must be filled out completely, with signatures from all three individuals (Nominator, nominee, and witness). All nominations must be received by the secretary no later than August 16th,

2007; either electronically to: rgpre32@hotmail.com

or by hard copy to: Real Prefontaine, Secretary

1202 Wheathill Street

Kingston, ON,

K7M 0A7



**RANDONNEURS ONTARIO LONG DISTANCE CYCLING ASSOCIATION
By-Law No. 1 (incorporation originally approved by members at AGM of Nov 6, 2000.)**

Revision 1 approved November 6, 2004

Revision 2 approved October 29, 2005

Revision 3 proposed for 2007 AGM

The following amendments to the By-Laws will be submitted for consideration at the 2007 AGM:

a) In Article 4. Officers of the Corporation:

Addition of ***“a Director of Communications,”***

b) In all relevant Articles **delete the word “telegraph(ed)” and replace with “email(ed)”**

c) In Article 19: REGIONAL CHAPTERS delete the Niagara area as a Chapter.

This is proposed at the request of the area representative.

d) In Article 21 change the date of the AGM from the “first Monday in November” to the **“second Saturday in September”**, or on such day as the Board of Directors shall otherwise appoint.

This is necessary as ACP are now requesting to have the forthcoming year of brevets schedule by mid September in order to meet their publication deadline of their January publication of the brevets from all participating countries, now over 30.

Submitted by Michael Thomson, August 3, 2007



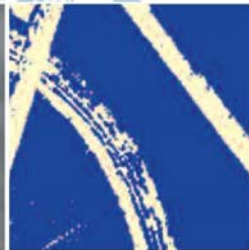
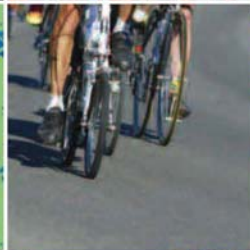
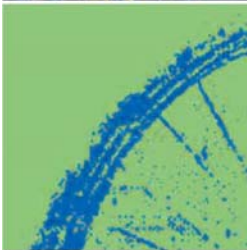
16th

Brest
Paris
ST-QUENTIN-EN-YVELINES

R A N D O N N E U R



From the 20 to August 24, 2007



PRESENTED BY
l'Audax Club Parisien



Good luck to everyone at PBP